



Welcome to our office!

It is our pleasure to serve you today. Please answer the following questions:

Name _____ Home Phone _____

Address _____ Work Phone _____

City, State, Zip _____ Cell Phone _____

E-mail Address _____

Birth date _____ Age _____ SS# _____

Occupation _____ Employer _____

Marital Status: M W Sep. D Sin. Spouse Name _____ No. of Children _____

Welcome to our office!
It is well known that families who maintain strong healthy, well-aligned spines have much improved health. People whose spines are not kept in proper alignment are much more likely to develop significant health disorders later in life.



MY PURPOSE FOR TODAY'S APPOINTMENT IS:

(Please check all that apply to you)

- I'm here for an evaluation. I'm a healthy person and I'm interested in maximizing my health and preventing future problems.
- I'm here for an evaluation because I'm having health challenges and am looking for a natural health solution.
- I'm here for an evaluation. I am curious to know if my spine is healthy and to see if I have any problems that I don't know about.
- I am here for an evaluation because I'm curious to learn more about Chiropractic Care.
- I am here for an evaluation only.
- Other _____

IF THE DOCTOR FEELS THAT HE CAN HELP YOU:

(Please check the one that best applies to you)

- I am willing to follow the doctor's recommendations because I strongly value my health.
- I am willing to receive care if payment plans are available.
- I am willing to receive care but only if my insurance pays for all of it.
- I am not interested in receiving any care.

1. Many patients are referred to our office by a caring family member or friend. What made you decide to visit our office? Family Member or Friend's Name _____
 Telephone Call Yellow Pages Sign Website Presentation E-mail
2. Research shows that your spine should be checked regularly. How many times have you visited a chiropractor in your lifetime? _____ NEVER
3. When was your last complete spinal examination including x-rays? _____ NEVER
4. Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem?
 YES NO _____
5. Spinal misalignments cause decay and degeneration which may result in grinding or cracking noises. Do you ever hear noises or feel grinding when you move your head or neck? YES NO
6. Spinal misalignments can make you feel like you need to twist, stretch or crack your neck or back. Do you ever feel the need to crack or pop your neck or lower spine? YES NO
7. Poor posture leads to poor health and often indicates a spinal problem. How would you rate your posture?
 Poor - 1 2 3 4 5 6 7 8 9 10 - Excellent
8. Stress can cause or accelerate spinal damage. Rate your stress level over the last 90 days.
 Low - 1 2 3 4 5 6 7 8 9 10 - High
9. Please list any health symptoms or health complaints you are experiencing.
 a. _____ b. _____ c. _____
10. Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. Please list the medications are you currently taking and why you are taking them. (Ex. Vicodin for Back Pain) _____

11. Auto and work-related injuries can cause serious spinal problems. Is this visit related to an accident or injury?
 YES NO Date of Incident _____
12. Spinal health is especially important during pregnancy. Is there any chance that you are pregnant?
 YES NO _____
13. Have you ever been diagnosed with cancer? YES NO
 Type _____ Year Diagnosed _____
14. Would you like to receive our weekly health and wellness newsletter via e-mail? YES NO

The above information is true and accurate to the best of my knowledge.

Patient Signature _____

Date _____